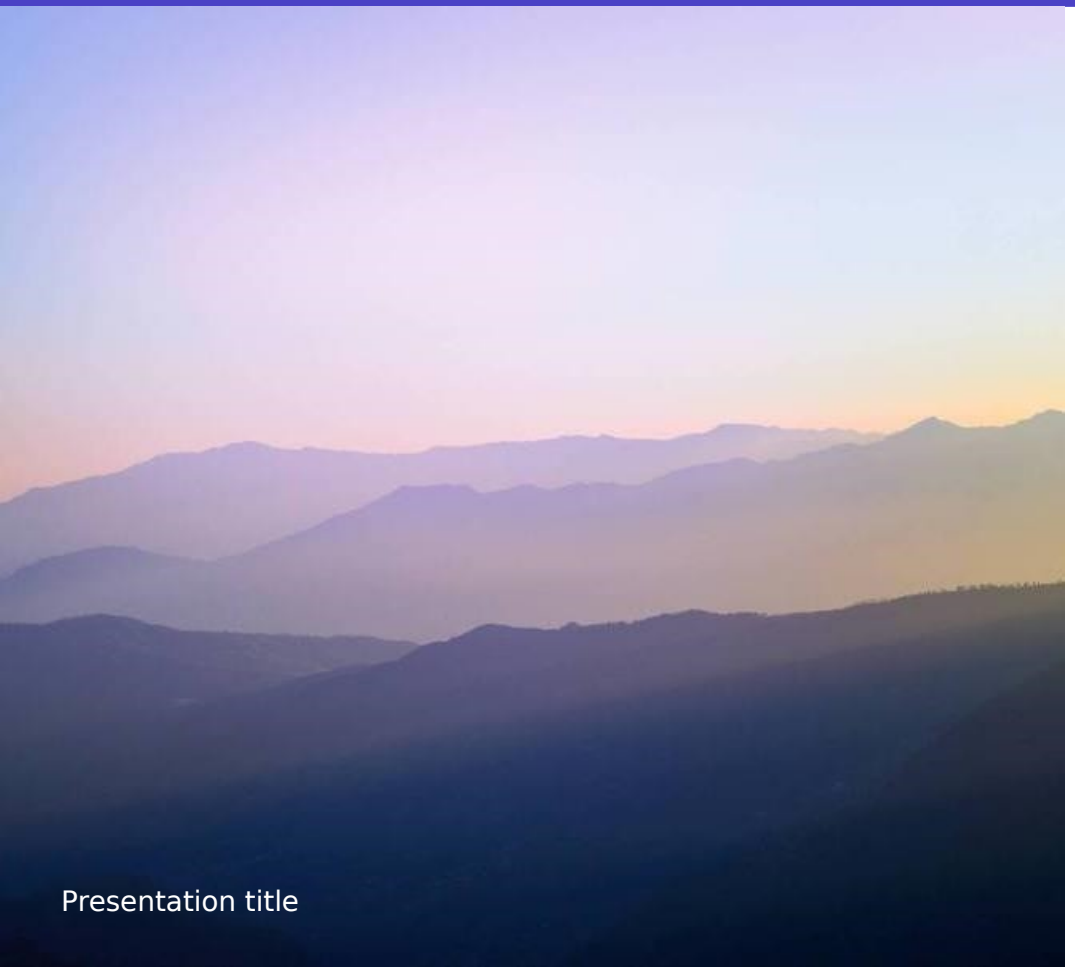
PE 308 Theory and Psychology of Coaching

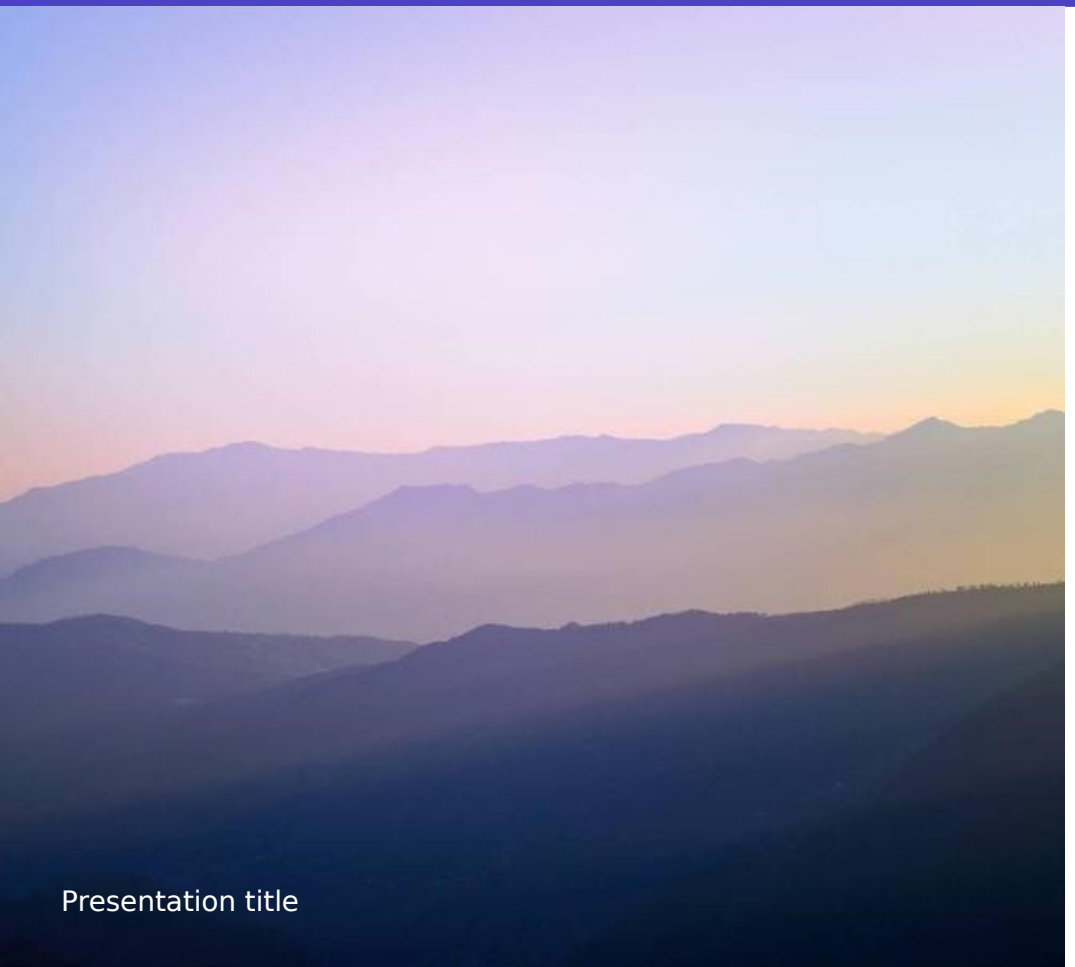
Chapter 18 Managing Your Team

Key Concepts



1. Coaches need to understand the numerous management responsibilities they must undertake when coaching an athletic team.
2. Coaches must handle management responsibilities in these seven categories: policy management, information management, personnel management, instructional management, event and contest management, logistics management, and financial management.

Key Concepts



3. Management tasks must be performed in the preseason, in-season, and postseason.

4. Coaches must also be able to manage their time effectively.

A. Seven Categories of Team Management

- 1. Policy management
- 2. Information management
- 3. Personnel management
- 4. Instructional management
- 5. Event and contest management
- 6. Logistics management
- 7. Financial management

B. Coaching Time Management

- 1. Common time management problems
- 2. Guidelines for improving time management